

grates growing facilities, poultry housing, a potting room, storage, kitchen facilities, compost bins, a reference library, and a classroom. Written by the farm's owner/manager who is also a Permaculture teacher, the book describes how the bioshelter promotes greater biodiversity and is an energy efficient method of extending crop production through Pennsylvania's cold winter months.



Some of the topics covered include design and management of an intensive market garden farm, energy systems and bio-thermal resources, solar greenhouse design and management, ecological soil management and pest control, and wetlands.

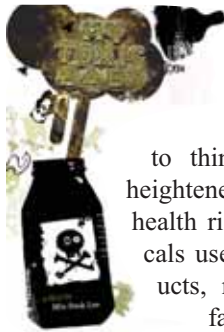
The book is a satisfying combination of sustainable food production theory and excellent storytelling. If you're not currently planning to create a year-round food growing system in a cold climate, you just might be inspired to do so by the time you've read this book.



Kids and Nature

Children are smarter, happier, and healthier when they have opportunities for free and unstructured outdoor play. The Children & Nature Network (www.childrenandnature.org) shares this idea and the research that backs it up.

Co-founded by Richard Louv, author of *Last Child in the Woods*, it provides news, research, and other useful information for researchers, parents, educators, and organizations dedicated to children's health and well-being.



Toxic Babies

New moms and dads have a lot to think about. But with heightened awareness of health risks posed by chemicals used in everyday products, modern parenting is fast becoming a decisionmaking minefield.

As award-winning filmmaker Min Sook Lee discovers in her eye-opening, intimate and wryly funny documentary *My Toxic Baby*, it's not so easy going green if you're a new parent.

With her baby daughter on her hip, Lee embarks on a determined quest to find simple and affordable ways to reduce toxic threats, spurred to action after news reports of toy recalls and plastic baby bottles leaching bisphenol A fill her head with questions. She takes her own body on a detox journey, looks more closely at the everyday products and food she buys, and even invites an analyst to measure lead levels in her urban home – with unnerving results.

Along the way Lee meets other young women finding healthy, eco-friendly alternative ways to raise their children. Persuasive but never preachy, *My Toxic Baby* shows how one parent lessens the toxic load. More info is at www.mytoxicbaby.com. - NL -



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